



Dear Patient,

Alright. Let's stop dancing around the issue. You love your primary care provider at CMMD and man, do we love you! Let's make it official in the eyes of the world – or at least Medicare.

We encourage our Medicare Part B patients to visit Medicare.gov and select your CMMD provider as your primary care provider. Instructions are enclosed for this voluntary process; we also provide a link to let us know that you have completed it.

Why do this? We participate in several Medicare Quality Programs. In order for us to ensure we are providing the best care possible to our patient population, it is important for us to be able to *identify* our population. Once you align to us, we know that you are “our patient” and this will help us gauge our performance in our quality programs!

Don't worry, this doesn't mean you can only see one provider on our team. While it is important for the continuity of your care to designate your *primary* provider, you are free to see other people in the practice at any time. (*If you regularly see multiple providers on our team, or if you cannot locate your regular CMMD provider in the list on Medicare's website, you may select Christine Meyer, MD.*) And although we can't wait to tie the knot, if at any point our relationship ends, un-alignment with our practice can be done by logging back into Medicare.gov and making that change.

Our “marriage” also does not in any way limit your access to specialists, but we do ask that you always start with us before consulting with a specialist. Just like I know (better than he does) the vegetables my husband likes, we can help you navigate a sea of different specialists. We will advocate for you and ensure you NEVER get asparagus when you only like green beans. After all – in a marriage, you must advocate for your spouse. That is what we will continue to do for you.

While we think this is the logical next step in our relationship, we want you to be comfortable. So, please reach out with any questions to kelly@christinemeyermd.com, or call our office at (610) 363-0100 to reach Kelly.

Need help?
We're here for you!

GET IN-PERSON SUPPORT
navigating the Medicare.gov website!
Call or text now for a tech support appointment at our office. We'll help you create an account and complete your provider selection.

If you don't have an email address and cannot create a Medicare.gov account, visit christinemeyermd.com/medicare and click **LET US KNOW** at the top of the page.

With all the love, commitment, and devotion a marriage requires,
Christine, on behalf of all of us at CMMD & Associates

Contact us for support: **By Text: (484) 729-9528 By Phone: (610) 363-0100**

STEP ONE: How to Create a Medicare.gov Account

If you already have a Medicare.gov account, please jump ahead to page 4.

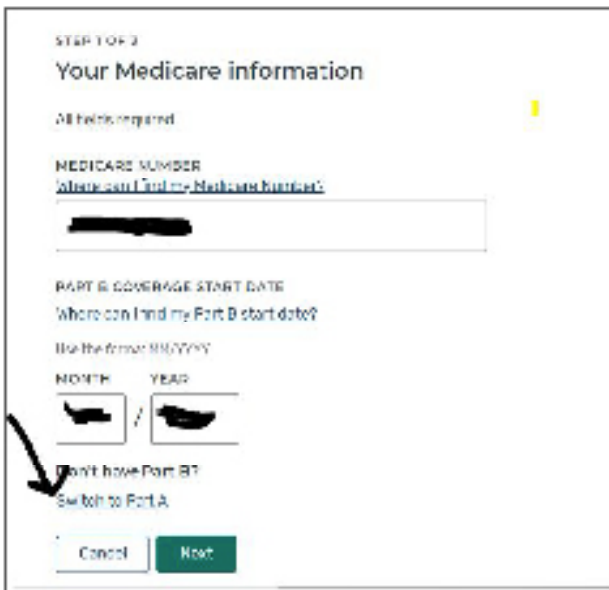
1. To create an account, go to <https://medicare.gov/>

Click  Log in

then click



2. Enter your Medicare Part B number from your Medicare Card
3. Enter your coverage start date (Month and Year)
4. Be sure you are switched to Part B (indicated by the arrow) and click next



START OF 2
Your Medicare information

All fields required

MEDICARE NUMBER
[Where can I find my Medicare Number?](#)


PART B COVERAGE START DATE
Where can I find my Part B start date?
Use the format MM/YYYY

MONTH / YEAR

[Don't have Part B? Switch to Part A](#)

Cancel Next

5. Fill in your last name, date of birth, zipcode/city *Be sure to enter the zip code or city where you have signed up
6. Enter your email address, if you have one
7. Select the agreement statement



START OF 3
Your basic information

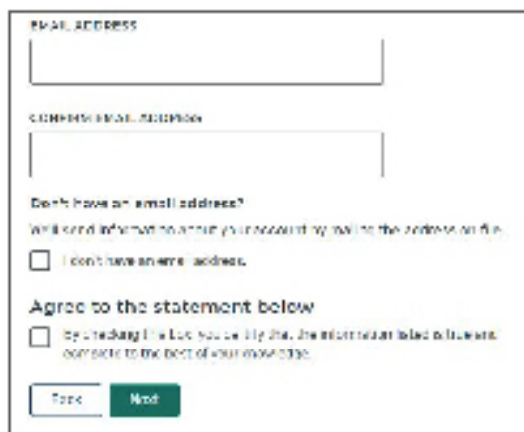
All fields required

LAST NAME Required

DATE OF BIRTH
Use the format MM/DD/YYYY

MONTH / DAY / YEAR

ZIP CODE OR CITY



EMAIL ADDRESS

CONFIRM EMAIL ADDRESS

Don't have an email address?
We'll send information about your account by mail to the address on file.

I don't have an email address.

Agree to the statement below

By checking this box you certify that the information listed above is complete to the best of your knowledge.

Take Next

8. Create a username/password (keep this information safe)

9. Proceed with your security question and account creation

STEP 8 OF 9

Your account details

All fields required.

Create Username

Your username can be any name or initials, but it can't be your Social Security Number or your password.

USERNAME

- Must be 6-30 characters, with at least 4 letters and no spaces
- Can only use these symbols: @, #, +, =, & (but not as the first or last character)
- Can't include your Medicare Number

Create a username for your account using the guidelines listed.

Create Password

Your password can't be your username, Social Security Number, or a previously used password.

PASSWORD

- Must be 8-16 characters long
- Must have at least 1 letter, 1 number, and 1 of these symbols: !@#\$%^&*~
- Can't include your Medicare Number

Show

Create a password for your account using the guidelines listed.

CONFIRM PASSWORD

Show

Secure your account

SECRET QUESTION

SECRET ANSWER

About MyMedicare.gov

MyMedicare.gov gives you access to your personalized information at any time.

- ▶ Create a list of favorite health care providers and indicate your "primary clinician."
- ▶ Check your Medicare claims as soon as they're processed.
- ▶ Find your eligibility, entitlement, and preventive service information.
- ▶ Check your health and prescription drug enrollment information.
- ▶ View your Part B deductible information.
- ▶ Manage your prescription drug list and other personal health information.
- ▶ Create a printable "On the Go" Report that you can share with your health care providers.

STEP TWO: Select your Primary Clinician on Medicare.gov

1. Log into your <https://www.medicare.gov/> account
2. Click Providers and Services at the top of the screen. Under "Find & Compare", click "Find Care Providers"



3. Search for your PCP by entering the Zip Code of the practice, Provider Type (Doctors & clinicians), and Last Name of PCP

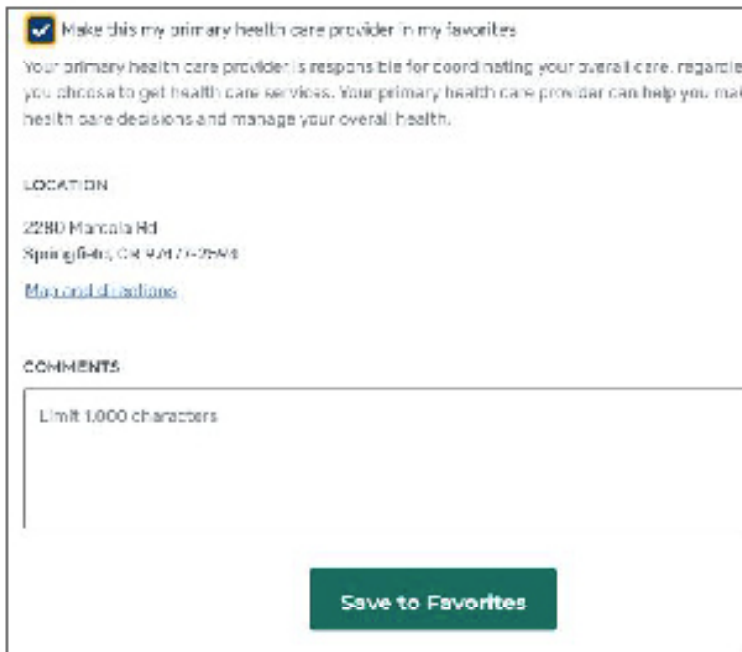
A screenshot of the Medicare.gov search form. It has three input fields: 'MY LOCATION *' with 'Springfield, OR 97478', 'PROVIDER TYPE *' with a dropdown menu set to 'Doctors & clinicians', and 'NAME & KEYWORD (optional)' with 'Suhling'. A green 'Search' button is on the right.

4. Once the PCP's name appears, click the heart symbol to set them as a "Favorite"

A screenshot of a provider profile for Blake Andrew Suhling. The profile includes the name 'Blake Andrew Suhling', distance '2.8 mi', practice name 'SPRINGFIELD FAMILY PHYSICIANS LLP', address '2280 Marcola Rd, Springfield, OR 97477-2594', and phone '(541) 747-4300'. A 'Compare' button and a heart icon are highlighted in yellow. A note at the bottom states: 'Charges the Medicare-approved amount (so you pay less out-of-pocket)'. The 'Specialties' section lists 'Physician assistant'.

Select your Primary Clinician on Medicare.gov (*continued*)

5. Select "Make this my primary health care provider in my favorites"
6. Click "Save to Favorites"



Make this my primary health care provider in my favorites

Your primary health care provider is responsible for coordinating your overall care, regardless of you choose to get health care services. Your primary health care provider can help you make health care decisions and manage your overall health.

LOCATION

2280 Mancala Rd
Springfield, OR 97177-2548

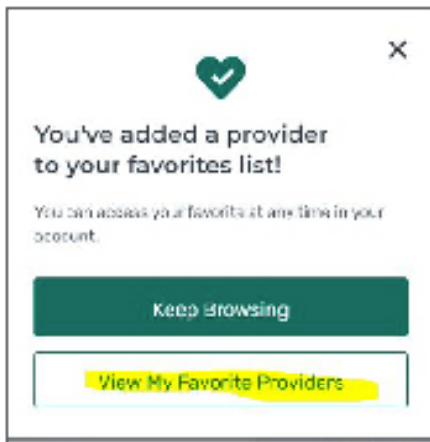
[Map and Directions](#)

COMMENTS

Limit 1,000 characters

[Save to Favorites](#)

7. This will select the PCP as the favorite and as the patient's PCP in the Medicare website
8. Click "View My Favorite Providers" to ensure all information was saved correctly



9. The patient is now attributed to the clinic!

Let CMMD & Associates know you have selected your provider:

Visit christinemeyermd.com/medicare

and click the [View My Favorite Providers](#) button at the top of the page.

Or, contact our office to update us: By Text: (484) 729-9528 By Phone: (610) 363-0100